



## Nutrition & Health “Then and Now”

The Golden Lake & Area Community Group are hosting a Nutrition & Health Presentation titled “Then & Now”

Guest speakers will be Devorah Belinsky B.A., B.Sc., M.Sc and Livia Vodenicar

Devorah is a local organic farmer with an extensive background in Anthropology and Human Nutrition. She is also the founder of “All Things Food Community Food Network”

Livia is the owner of Pharmasave in Golden Lake offering a Traditional Pharmacy and Holistic Care Clinic

Sat. Feb. 23<sup>rd</sup> 2019 1:30pm

North Algona Wilberforce Township Municipal Community Centre in Golden Lake

Admission is Free

Tea, Coffee and Sweets will be served

Please join us for this Community Event